6th Annual Critical Issues for Alabama Schools Conference

VIRTUAL • March 4-5, 2021

ALABAMA SCHOOL COUNSELOR ASSOCIATION

DESCRIPTION: Schools are dealing with increasingly complex matters pertaining to students' mental health and social/emotional well-being. Through the delivery of a comprehensive school counseling program, with equitable access for all students, school counselors can be influential in promoting student resilience and positive mental health outcomes. Given school counselors' instrumental role in mental health crisis prevention and intervention, it is essential they possess the knowledge and tools necessary to identify and respond to the many issues students are facing in these unchartered, modern times. **School counselors, counseling coordinators, school and system administrators, school based therapists and social workers, school nurses, teachers, counselor educators, counseling students, and other stakeholders are encouraged to attend,** as collaboration with all stakeholders is an essential building block of a comprehensive school counseling program.

SCHEDULE – THURSDAY, MARCH 4, 2021		
7:00 – 8:00am	Virtual Exhibit Hall Open (Check Conference Portal for Announcements, Exhibits and other Information)	
8:00 – 9:00am	Sessions 1-3 (1.0 credit hour)	Various Presenters (See attached)
9:10 – 10:10am	Sessions 4-6 (1.0 credit hour)	Various Presenters (See attached)
10:20 – 11:20am	Sessions 7-9 (1.0 credit hour)	Various Presenters (See attached)
11:20am – 12:20pm	Lunch/Virtual Exhibit Hall Open	
12:20 – 1:20pm	Sessions 10-12 (1.0 credit hour)	Various Presenters (See attached)
1:30 – 2:30pm	Sessions 13-15 (1.0 credit hour)	Various Presenters (See attached)

BONUS – THURSDAY, MARCH 4, 2021		
2:45 – 3:45pm	Screening of IndieFlix film, *Angst*	See below or AngstMovie.com for more info.
3:45 – 4:15pm	Panel discussion with participants	ALSCA Board Members

Angst is a 56-minute film and virtual reality experience that explores anxiety, its causes, effects and what we can do about it. The filmakers' goal is to have a global conversation and raise awareness around anxiety. *Angst* features candid interviews with kids and young adults who suffer, or have suffered, from anxiety and what they've learned about it. The film includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources and tools.

SCHEDULE – FRIDAY, MARCH 5, 2021		
7:00 – 8:00am	Virtual Exhibit Hall Open (Check Conference Portal for Announcements, Exhibits and other Information)	
8:00 – 9:00am	Sessions 16-18 (1.0 credit hour)	Various Presenters (See attached)
9:10 – 10:10am	Sessions 19-21 (1.0 credit hour)	Various Presenters (See attached)
10:20 – 11:20am	Sessions 22-24 (1.0 credit hour)	Various Presenters (See attached)
11:20am – 12:20pm	Lunch/Virtual Exhibit Hall Open	
12:20 – 1:20pm	Sessions 25-27 (1.0 credit hour)	Various Presenters (See attached)
1:30 – 2:30pm	Sessions 28-29 (1.0 credit hour)	Various Presenters (See attached)

NATIONAL BOARD FOR CERTIFIED COUNSELORS.

The Alabama Counseling Association "ACEP #2001" is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

This conference has been approved for 10 NBCC hours (10 hours of professional development). See *NBCC Hours Application Form* on the conference portal for more information.

6th Annual Critical Issues for Alabama Schools Conference
SESSION INFORMATION

ALABAMA SCHOOL COUNSELOR ASSOCIATION

THURSDAY, MARCH 4, 2021			
8:00 – 9:00am	1. *Follow Your Butterflies: Being a School Counselor Leader* – Ross	2. *Tweet Others as You Wish to be Tweeted* – Jenkins	3. *Victory in the Courtroom: Preparing School Counselors for Court Testimony* – Taylor
9:10 – 10:10am	4. *Always Be Extra: Creating Connections With and For Students* – Ross	5. *Critical Issues in School Counselor Ethics* – Rock	6. *Microaggression: The Anxiety Starters* – Cook
10:20 – 11:20am	7. *Break Out of the Bubble: Incorporate Your School Program in the Whole School* – Ross	8. *Tag… You're "In It": Social Media and the Ethical Counselor* – Crosby	9. *Trauma Linking to Suicide Ideation in K-12 Population: How Can Counselors and Educators Address the Pain Experienced by Youth* – Barnett, Kartovicky, Lewis & Montgomery
12:20 – 1:20pm	10. *School Counselors as Change Agents: Leading Anti-Bias, Anti-Racist Equity Work in Schools* – Ross	11. *An Organized Approach: Reporting Child Abuse or Neglect* – Hodges	12. *Nonsuicidal Self-Injury: Myths, Facts, Identification & Intervention* – Littrell
1:30 – 2:30pm	13. *Thrive not Just Survive: The Vital Nature of Self-Care* – Hood	14. *Social Media and Drug Trends in Today's Youth* – Lawley	15. *Minute Meetings: The Answer to School Counseling Triage* – Crumbley & Rankhorn

FRIDAY, MARCH 5, 2021			
8:00 – 9:00am	16. *Embrace and Empower the Unicorns* – Coleman	17. *The Miseducation of the Black Girl* – Hurt	18. *Strengthening and Enhancing Your School's Trauma Response* – Berry
9:10 – 10:10am	19. *Unicorns Unite: Models for Peer-to-Peer Mentorship in High School* – Coleman	20. *what's hAPPening on social media II?* – Casey	21. *The Evolution of 504: From Nondiscrimination to FAPE* – Young
10:20 – 11:20am	22. *The Great Beyond: Equitable Strategies for Post-Secondary Planning* – Coleman	23. *School Counselors: Working to Support and Advocate for English Learners* – Tuttle	24. *The World will be in Love with Night: Shakespeare's Foreshadowing of Grief and Loss* – Harrington
12:20 – 1:20pm	25. *Unicorns-R-Us: Strategies to Connect* – Coleman	26. *Crisis Management: The Key is Preparation* – Parker	27. *Tips and Tricks to Teach with Technology* – Willis
1:30 – 2:30pm	28. *With Friends Like These… Understanding the World of Middle School Girls* – Black	29. *Anxiety: Students Attempting to Control the Input When They Can Only Control the Output* – Hodnett	

6th Annual Critical Issues for Alabama Schools Conference
PRESENTER INFORMATION

ALABAMA SCHOOL COUNSELOR ASSOCIATION

THURSDAY - FRIDAY, MARCH 4 - 5, 2021		
#	**Session Title**	**Presenter(s)**
1	*Follow Your Butterflies: Being a School Counselor Leader*	Laura Ross, Ed.S. | School Counselor, Five Forks Middle School, Gwinnett County Public Schools, GA; 2020 ASCA School Counselor of the Year
2	*Tweet Others as You Wish to be Tweeted*	Annessa Jenkins, M.Ed. | Library Media Specialist, Elkmont High School, Limestone County Schools
3	*Victory in the Courtroom: Preparing School Counselors for Court Testimony*	Margaret A. Taylor, Ph.D., LPC-S, NCC |Clinical Coordinator and Visiting Assistant Professor, Auburn University
4	*Always Be Extra: Creating Connections With and For Students*	Laura Ross, Ed.S. | School Counselor, Five Forks Middle School, Gwinnett County Public Schools, GA; 2020 ASCA School Counselor of the Year
5	*Critical Issues in School Counselor Ethics*	Wendy D. Rock, Ph.D., LPC-S, NCC, NCSC | Assistant Professor, Southeastern Louisiana University; ASCA Ethics Committee Co-Chair
6	*Microaggression: The Anxiety Starters*	Shawndrika Cook, Ed.S., LPC | Therapist, Lionrock Recovery
7	*Break Out of the Bubble: Incorporate Your School Program in the Whole School*	Laura Ross, Ed.S. | School Counselor, Five Forks Middle School, Gwinnett County Public Schools, GA; 2020 ASCA School Counselor of the Year
8	*Tag… You're "In It": Social Media and the Ethical Counselor*	Brent Crosby, M.S. | Marketing Coordinator/Community Education, Laurel Oaks Behavioral Health
9	*Trauma Linking to Suicide Ideation in K-12 Population: How Can Counselors and Educators Address the Pain Experienced by Youth*	Brittney Barnett, M.A., LPC, NCC | GTA & GRA, Auburn University Leah Kartovicky, M.Ed., CRC, NCC | Training & Development Coordinator, Georgia Vocational Rehabilitation Agency Darlene Lewis, Ed.S. | School Counselor, Blount High School, Mobile County Public School System Tammy Montgomery, M.S., APC, NCC | Doctoral Candidate, Auburn University
10	*School Counselors as Change Agents: Leading Anti-Bias, Anti-Racist Equity Work in Schools*	Laura Ross, Ed.S. | School Counselor, Five Forks Middle School, Gwinnett County Public Schools, GA; 2020 ASCA School Counselor of the Year
11	*An Organized Approach: Reporting Child Abuse or Neglect*	Laura Hodges, Ph.D., LPC-S, NCC, ACS | Assistant Professor, Troy University Montgomery
12	*Nonsuicidal Self-Injury: Myths, Facts, Identification & Intervention*	Emily Littrell, MSW, LICSW | Student Assistance Counselor, Homewood City Schools
13	*Thrive not Just Survive: The Vital Nature of Self-Care*	Jared Hood, M.Ed., MTS, LPC-S | Therapist, The Wellness Group
14	*Social Media and Drug Trends in Today's Youth*	Rachel Lawley, M.Ed., ALC, NCC | Territory Manager, Bradford Health Services
15	*Minute Meetings: The Answer to School Counseling Triage*	Kim Crumbley, M.Ed. | School Counselor, Parkside School, Cullman County Schools Laura Rankhorn, Ed.S. | School Counselor, Good Hope Elementary, Cullman County Schools
16	*Embrace and Empower the Unicorns*	Brian Coleman, M.Ed., LCPC | Counseling Department Chair, Jones College Prep, Chicago Public Schools, IL; 2019 ASCA School Counselor of the Year
17	*The Miseducation of the Black Girl*	Carletta Hurt, Ed.S. | School Counselor, District of Columbia Public Schools
18	*Strengthening and Enhancing Your School's Trauma Response*	Stephan Berry, Ph.D., LPC | Associate Professor - School Counseling, Troy University
19	*Unicorns Unite: Models for Peer-to-Peer Mentorship in High School*	Brian Coleman, M.Ed., LCPC | Counseling Department Chair, Jones College Prep, Chicago Public Schools, IL; 2019 ASCA School Counselor of the Year
20	*what's hAPPening on social media II?*	District Attorney Pamela Casey | Blount County, State of Alabama
21	*The Evolution of 504: From Nondiscrimination to FAPE*	Sarah D. Young, Esquire | Attorney, Stone Crosby, P.C.
22	*The Great Beyond: Equitable Strategies for Post-Secondary Planning*	Brian Coleman, M.Ed., LCPC | Counseling Department Chair, Jones College Prep, Chicago Public Schools, IL; 2019 ASCA School Counselor of the Year
23	*School Counselors: Working to Support and Advocate for English Learners*	Malti Tuttle, Ph.D., LPC, NCC, NCSC | Assistant Professor and School Counseling Program Coordinator, Auburn University
24	*The World will be in Love with Night: Shakespeare's Foreshadowing of Grief and Loss*	Judith Harrington, PH.D, LPC-S, LMFT | Associate Professor, University of Montevallo; Private Therapist
25	*Unicorns-R-Us: Strategies to Connect*	Brian Coleman, M.Ed., LCPC | Counseling Department Chair, Jones College Prep, Chicago Public Schools, IL; 2019 ASCA School Counselor of the Year
26	*Crisis Management: The Key is Preparation*	Tinisha Parker, Ph.D., LPC, CPCS | Executive Director of Student Services, Gwinnett County Public Schools, GA; 2020-2021 Chair, ASCA Board of Directors
27	*Tips and Tricks to Teach with Technology*	Amy Willis, M.S. | School Counselor, Chelsea Park Elementary, Shelby County Schools
28	*With Friends Like These… Understanding the World of Middle School Girls*	Velvet Black, M.Ed.| School Counselor, Tanner High School, Limestone County Schools
29	*Anxiety: Students Attempting to Control the Input When They Can Only Control the Output*	Celia Hodnett, Ed.S., ALC, NCC |Mental Health Counselor/Career Coach, Blount County Schools

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FEATURED PRESENTERS

ALABAMA SCHOOL COUNSELOR ASSOCIATION

THURSDAY, MARCH 4, 2021

Laura Ross, Ed.S.
2020 ASCA School Counselor of the Year

Laura Ross is the 2020 ASCA School Counselor of the Year, Georgia School Counselor of the Year and the lead school counselor at Five Forks Middle School in Lawrenceville, Georgia. Her team of one other full time and one part-time school counselor provide services to the suburban school's 1,268 students, grades 6-8. "I believe in the importance of connecting students to their education and the critical role school counselors play in creating those connections," she said. "We are leading, advocating and collaborating to change a system so all students feel connected." Ross's prior work as a counselor at an adult men's correctional facility fueled her passion for restorative justice in her current role at Five Forks.

Ross received her education specialist degree in school counseling and her master's and bachelor's degrees in social work from the University of Georgia. She also holds Georgia educator certificates in school counseling and social work. She is a member of ASCA, the Georgia Department of Education Counselors Advisory Council, and the Georgia School Counselor Association, where she is the metro director of the executive board and the leadership team social media editor. She serves as a cadre trainer for the Dove Self-Esteem Project, facilitating presentations about teen body confidence to educators. She is also her school district's Counseling Steering Committee middle school chair. Source: ASCA Media Release_LRoss2020SCOY

FRIDAY, MARCH 5, 2021

Brian Coleman, M.Ed., LCPC
2019 ASCA School Counselor of the Year

Mr. Brian Coleman was the 2019 National School Counselor of the Year and the first African-American winner of this prestigious honor. He was also a 2019 Human Rights Campaign (HRC) Upstander Award recipient for his commitment to LGBTQA+ youth advocacy. Coleman has spent the last year traveling the country as the cartwheeling "Unicorn Counselor" speaking on issues ranging from comprehensive sexual health education and counseling program design to counselor identity and engagement strategies within the school community. He is in his sixth year with Jones College Prep where he has served as Counseling Department Chair for three years. At Jones, Mr. Coleman has overseen counseling programming for seniors and freshmen, sophomore sexual health education, JCP's student mentorship program, and the school's LGBTQA+ student organization JonesPride. In the last year, he has also participated in DePaul University's "Here We Do" and McDonald's "Black and Positively Golden" promotional campaigns. He has also contributed to pieces for CNBC, Forbes, Teen Vogue, and NPR among others. Coleman is a proud graduate of Northwestern University as well as DePaul University where he was named the College of Education's 2019 Alumni of the Year (and, recently, became an Adjunct Professor!) He enjoys all things unicorn, most things theatrical, and a good amount of professional wrestling!

THURSDAY, MARCH 4, 2021

Wendy Rock, Ph.D., LPC-S, NCC, NCSC |ASCA Ethics Committee Co-Chair

Dr. Wendy Rock is Assistant Professor of Counseling at Southeastern Louisiana University, where she coordinates the school counseling track in the Counseling Progam. She was a school counselor at Hahnville High School in St. Charles Parish, Louisiana for 19+ years. Dr. Rock's leadership and service to school counseling include serving as a past-president of the Louisiana School Counselor Association and on the Louisiana Counseling Association's Excecutive Board. She is the Chair-Elect of the Louisinana ACT Council, Post-Secondary Vice President of the Louisiana School Counselor Association, and a member of the national ACT Steering Committee. Dr. Rock was awarded the 2019 LCA Advocacy Award and currenlty serves as the ASCA Ethics Committee Co-Chair.