7th Annual Critical Issues for Alabama Schools Conference

VIRTUAL • February 24-25, 2022

ALABAMA SCHOOL COUNSELOR ASSOCIATION

RATIONALE: Schools are dealing with increasingly complex matters pertaining to students' mental health and social/emotional well-being. Through the delivery of a comprehensive school counseling program, with equitable access for all students, school counselors can be influential in promoting student resilience and positive mental health outcomes. Given school counselors' instrumental role in mental health crisis prevention and intervention, it is essential they possess the knowledge and tools necessary to identify and respond to the many issues students are facing in these uncharted, modern times. It is also essential they understand the legal implications and ethical considerations within the specific context of school counseling. **School counselors, counseling coordinators, school and system administrators, school based therapists, school social workers, school psychologists, school nurses, teachers, counselor educators, counseling students, and other stakeholders are encouraged to attend,** as collaboration with all stakeholders is an essential building block of a comprehensive school counseling program.

OPENING SESSION – THURSDAY, FEBRUARY 24, 2022 – 8:00AM

"The Father of Modern School Counseling" presents: *The Evolution of School Counseling Since Early 1900s*

Norman C. Gysbers is a Curators' Distinguished Professor Emeritus in the Department of Educational, School, and Counseling Psychology at the University of Missouri. He received his B.A. degree from Hope College, Holland, Michigan in 1954. He was a teacher in the Muskegon Heights Michigan School District (1954-56) and served in the United States Army Artillery in Germany (1956-58). He received his M. A. (1959) and Ph.D. (1963) from the University of Michigan. He joined the faculty of the College of Education, University of Missouri in 1963 as an Assistant Professor. In addition to his duties as an Assistant Professor, he also served as the licensed school counselor at the University Laboratory School until 1970.

He was awarded a Franqui Professorship from the Universite Libre de Bruxelles, Belgium and lectured there in February, 1984. He was a visiting scholar at the University of Hong Kong in May, 2000, 2002, and 2004; the Chinese University of Hong Kong in January, 2001; and a Scholar in Residence at the University of British Columbia July-August, 2000.

His research and teaching interests are in career development, career counseling, and school guidance and counseling program development, management, and evaluation. He is author or co-author of 101 articles, 40 chapters in published books, 15 monographs, and 22 books one of which was translated into Italian, Korean, Japanese, and Chinese and another one was translated into Korean and Chinese.

He has received many awards, most notably the National Career Development Association's Eminent Career Award in 1989, the American School Counselor Association's Mary Gehrke Lifetime Achievement Award in 2004, the William T. Kemper Award for Excellence in Teaching in 2002, the Governor's Award for Excellence in Teaching in 2004, the Faulty/Alumni Award from the University of Missouri in 1997, and the Distinguished Faculty Award from the University of Missouri in 2008.

Gybers was Editor of the Career Development Quarterly, 1962-70; President of the National Career Development Association, 1972-73; President of the American Counseling Association, 1977-78; and Vice President of the Association of Career and Technical Education, 1979-1982. He was the Editor of The Journal of Career Development from 1978 until 2006.

SCHEDULE – THURSDAY, FEBRUARY 24, 2022		
7:00 – 8:00am	Virtual Exhibit Hall Open (Check Conference Portal for Announcements, Exhibits and other Information)	
8:00 – 9:00am	Opening Session (1.0 credit hour)	See above and attached
9:10 – 10:10am	Sessions 1-3 (1.0 credit hour)	Various Presenters (See attached)
10:20 – 11:20am	Sessions 4-6 (1.0 credit hour)	Various Presenters (See attached)
11:20am – 12:20pm	Lunch/Virtual Exhibit Hall Open	
12:20 – 1:20pm	Sessions 7-9 (1.0 credit hour)	Various Presenters (See attached)
1:30 – 2:30pm	Sessions 10-12 (1.0 credit hour)	Various Presenters (See attached)
2:40 – 3:40pm	Sessions 13-15 (1.0 credit hour)	Various Presenters (See attached)

SCHEDULE – FRIDAY, FEBRUARY 25, 2022		
7:00 – 8:00am	Virtual Exhibit Hall Open (Check Conference Portal for Announcements, Exhibits and other Information)	
8:00 – 9:00am	Sessions 16-18 (1.0 credit hour)	Various Presenters (See attached)
9:10 – 10:10am	Sessions 19-21 (1.0 credit hour)	Various Presenters (See attached)
10:20 – 11:20am	Sessions 22-24 (1.0 credit hour)	Various Presenters (See attached)
11:20am – 12:20pm	Lunch/Virtual Exhibit Hall Open	
12:20 – 1:20pm	Sessions 25-27 (1.0 credit hour)	Various Presenters (See attached)
1:30 – 2:30pm	Sessions 28-30 (1.0 credit hour)	Various Presenters (See attached)

This workshop has been approved for 11 NBCC hours (11 hours of professional development).
See *NBCC Hours Application Form* on Conference website or ALSCA website for more information.

NATIONAL BOARD FOR CERTIFIED COUNSELORS.

The Alabama Counseling Association "ACEP #2001" is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

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SESSION INFORMATION

ALABAMA SCHOOL COUNSELOR ASSOCIATION

THURSDAY, FEBRUARY 24, 2022			
8:00 – 9:00am	OPENING SESSION: *The Evolution of School Counseling Since Early 1900s* – Gysbers		
9:10 – 10:10am	1. *The Role of Today's School Counselor* – Cook	2. *It's OK to Play in School!* – Moon	3. *COVID and Youth Mental Health* – Pickens
10:20 – 11:20am	4. *Advocacy for Students and the Profession* – Hawkes	5. *Current Youth Drug Trends & Digital Safety* – Steed	6. *Trauma's Impact on Children* – Pruett
12:20 – 1:20pm	7. *Embracing a Strengths-Based Model for Suicide Prevention in the Schools* – Sommers-Flanagan	8. *Trauma Informed Sex Trafficking Prevention & Intervention* – Wagar	9. *Data Investigation* – Crumbley & Rankhorn
1:30 – 2:30pm	10. *Uncovering Resilience Hiding in Plain Sight Using a Solution-Focused Approach* – Sabella	11. *How Pornography Hijacks Healthy Sexual & Relational Development* – *Oliver*	12. *Moving Forward in 2022 with Section 504: Q&A on Hot Topic Section 504 Issues* – Young
2:40 – 3:40pm	13. *Kindness is the REAL Global Warming* – Gruener	14. *Navigating the Transition from School Counselor to Private Practice* – Grant, Hodges & Mitchell	15. *The Silent Anxiety Voice: Microaggression* – Cook

FRIDAY, FEBRUARY 25, 2022			
8:00 – 9:00am	16. *Legal Literacy and Ethical Practice in the Complex World of School Counseling* – Stone	17. *Canine Counselors* – McDonald	18. *The Playbook: Addressing Systemic Barriers by Championing Mental Health* – Perry
9:10 – 10:10am	19. *Making MTSS Work* – Betters-Bubon	20. *Hiding in Plain Sight: Depression and Suicidality* – Wiley	21. *Supporting Continuity of Care for Students with Selective Mutism* – Mecadon-Mann
10:20 – 11:20am	22. *Impact Counseling—The Art of Engagement* – Jacobs & Stone	23. *Nonsuicidal Self-Injury: Myths, Facts, Identification & Intervention* – Littrell	24. *Special Education: Opportunities for School Counselor Engagement* – Hodge
12:20 – 1:20pm	25. *Using Data to Advocate for your Role as School Counselor* – Davis	26. *The Truth about Compassion Fatigue* – Smith	27. *Support Grieving Students Facing COVID-19 Related Loss and Grief* – Thacker
1:30 – 2:30pm	28. *JEDI (Justice, Equity, Diversity and Inclusion) Training for School Counselors* – Hollins	29. *Calming Every Student, Every Day, In Every Way and Easing My Own Anxiety* – Burkhart & Wilson	30. *Social Media and the Brain* - Vance

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PRESENTER INFORMATION

ALABAMA SCHOOL COUNSELOR ASSOCIATION

THURSDAY - FRIDAY, FEBRUARY 24-25, 2022		
#	**Session Title**	**Presenter(s)**
OS	*The Evolution of School Counseling Since Early 1900s*	Norman C. Gysbers, Ph.D.|University of Missouri Curator's Distinguished Professor Emeritus
1	*The Role of Today's School Counselor*	Jill Cook, M.Ed., CAE|Executive Director, American School Counselor Association
2	*It's OK to Play in School!*	Poppy Moon, Ph.D., LPC, NCC|Assistant Professor, Clinical Experiences Coordinator for School Counseling, University of West Alabama
3	*COVID and Youth Mental Health*	Rebecca Pickens, M.B.A.|Account Executive, Rhithm App
4	*Advocacy for Students and the Profession*	Deirdra Hawkes, M.A.|Director of Programs and Advocacy, American School Counselor Association
5	*Current Youth Drug Trends & Digital Safety*	Natalie Steed, MBA, MIS, PM|Community Coordinator, Compact
6	*Trauma's Impact on Children*	Michelle Pruett, Ed.S., LPC-S|Owner, Pruett Counseling and Consulting, LLC
7	*Embracing a Strengths-Based Model for Suicide Prevention in the Schools*	John Sommers-Flanagan, Ph.D.|Professor of Counseling, University of Montana
8	*Trauma Informed Sex Trafficking Prevention & Intervention*	Amy Wagar, M.A., Sex Trafficking Survivor Advocate, Worthy2|Trainer (APOST certified curriculum), Child Trafficking Solutions Project
9	*Data Investigation*	Kim Crumbley, M.Ed.|School Counselor, Cullman County Schools Laura Rankhorn, Ed.S.|School Counselor, Arab City Schools
10	*Uncovering Resilience Hiding in Plain Sight Using a Solution-Focused Approach*	Russell Sabella, Ph.D.|Professor, School Counseling Program Director, Florida Gulf Coast University
11	*How Pornography Hijacks Healthy Sexual & Relational Development*	Greg Oliver, B.A., SRPC|Executive Director, Awaken; Sexual Recovery Pastoral Counselor; NARM-Informed Coach
12	*Moving Forward in 2022 with Section 504: Q&A on Hot Topic Section 504 Issues*	Sarah D. Young, Esquire|General Counsel, Baldwin County Board of Education
13	*Kindness is the REAL Global Warming*	Barbara S. Gruener, M.S.|Teacher, School Counselor (Retired), Friendswood ISD, Friendswood, TX; Speaker, Mentor, Bilingual Educator, Author
14	*Navigating the Transition from School Counselor to Private Practice*	Deborah Grant, Ph.D., LPC-S, NCC, CRC|Professor of Practice, School Counseling Program, University of West Alabama; Owner, Rise Counseling and Wellness, LLC Laura Hodges, Ph.D., LPC-S, NCC, ACS|Assistant Professor, Troy University Montgomery Shelly Mitchell, Ed.S., LPC-S|Therapist, Pesek Counseling Services
15	*The Silent Anxiety Voice: Microaggression*	Shawndrika Cook, Ed.S., LPC|Owner and Therapist, The Cultivation Center; Therapist, Lionrock Recovery; Therapist, Telemynd Therapy
16	*Legal Literacy and Ethical Practice in the Complex World of School Counseling*	Carolyn Stone, Ed.D.|Professor, Counselor Education, University of North Florida; Chair, American School Counselor Association Ethics Committee
17	*Canine Counselors*	Kathy McDonald, Ph.D., LPC, NCC|Associate Professor, Southeastern Oklahoma State University
18	*The Playbook: Addressing Systemic Barriers by Championing Mental Health*	Ashley Perry, Ed.D.|SEL Instructional Specialist, QuaverEd
19	*Making MTSS Work*	Jennifer Betters-Bubon, Ph.D., LPC|Associate Professor and Program Coordinator, Counselor Education, University of Wisconsin-Whitewater
20	*Hiding in Plain Sight: Depression and Suicidality*	Cindy Wiley, Ed.S., LPC|Therapist, Private Practice
21	*Supporting Continuity of Care for Students with Selective Mutism*	Melissa Mecadon-Mann, M.Ed., APC, NCC|Doctoral Candidate, Auburn University
22	*Impact Counseling—The Art of Engagement*	Ed Jacobs, Ph.D., LPC|Associate Professor, West Virginia University Tori Stone, Ph.D., LPC|Assistant Professor, George Mason University
23	*Nonsuicidal Self-Injury: Myths, Facts, Identification & Intervention*	Emily Littrell, MSW, LICSW|School Based Mental Health Program Facilitator, Shelby County Schools
24	*Special Education: Opportunities for School Counselor Engagement*	Alicia Hodge, Ed.S.|Education Administrator, Alabama State Department of Education
25	*Using Data to Advocate for your Role as School Counselor*	Cindy Davis, M.Ed., NBCT, School Counselor (Retired)|ALSCA Program of Distinction Liaison
26	*The Truth about Compassion Fatigue*	Cindy Smith, M.S., LPC|School Counselor, Shelby County Schools; Owner, Chelsea Family Counseling Services
27	*Support Grieving Students Facing COVID-19 Related Loss and Grief*	Nancy E. Thacker, Ph.D., NCC|Assistant Professor of Counselor Education, Auburn University
28	*JEDI (Justice, Equity, Diversity and Inclusion) Training for School Counselors*	Sylvia A. Hollins, M.Ed., NCC|Doctoral Student, University of Alabama; ASCA Certified Site Based Trainer – Cultural Competency and School Counseling
29	*Calming Every Student, Every Day, In Every Way and Easing My Own Anxiety*	Rebecca Burkhart, M.Ed.|School Counselor, Savannah Chatham County Public School System Katrina D. Wilson, M.A., LPC, CPCS|School Counselor, Rockdale County Public Schools
30	*Social Media and the Brain*	Gaye B. Vance, Ph.D.|Clinical Psychologist, Owner, Shelby Psychological Services