

# ALSCA Virtual Learning Series

Featuring Keith Fulthorp, Ed.D., P.P.S. & Arond Schonberg, M.S., P.P.S.

September 16, 2022 · Virtual Workshop on Zoom



**DESCRIPTION:** Schools are dealing with increasingly complex matters pertaining to students' mental health and social/emotional well-being. Through the delivery of a comprehensive school counseling program, with equitable access for all students, school counselors can be influential in promoting student success and positive mental health outcomes. Given school counselors' instrumental role in mental health crisis prevention and intervention, it is essential they possess the knowledge and tools necessary to identify and respond to the many issues students are facing in these unchartered, modern times. It is also essential they understand the legal implications and ethical considerations within the specific context of school counseling. **School counselors, counseling coordinators, school and system administrators, school based therapists and social workers, school nurses, teachers, counselor educators, counseling students, and other stakeholders are encouraged to attend**, as collaboration with all stakeholders is an essential building block of a comprehensive school counseling program.

## SCHEDULE

TIME	ACTIVITY	HOST	Details
7:00-8:00am	Check In	ALSCA Board	Be sure to log in before 8:00am, to view announcements for the day as well as address any issues so that your learning can begin promptly at 8:00am.
8:00-10:00am	Session 1 Credit: 2 hrs	Keith Fulthorp & Arond Schonberg	<b><i>Solution-Focused School Counselor's Playbook</i></b> This session will review the top 10 solution-focused school counseling techniques and provide a playbook for implementing solution-focused brief counseling in your work setting. Learn to apply solution-focused brief counseling techniques in academic, career, and personal/social student cases; identify appropriate refining, connecting, and expanding questions to increase student success; apply the playbook to your current challenging cases.
10:00-10:10am	Break		
10:10am-12:10pm	Session 2 Credit: 2 hrs	Keith Fulthorp & Arond Schonberg	<b><i>So you asked the Miracle Question, now what?</i></b> Asking the Miracle Question sounds easy. Formulating good follow up questions that lead to achievable, positive student goals is much more difficult. This advanced skill session will focus on improving participant's knowledge of and ability to facilitate solution-focused brief counseling questions to increase efficiency and productivity in school counseling settings.
12:10-12:40pm	Lunch		
12:40-2:40pm	Session 3 Credit: 2 hrs	Keith Fulthorp & Arond Schonberg	<b><i>Advanced Applied Solution Focused Counseling</i></b> This session will utilize the Solution-Focused School Counselor's Playbook and top 10 solution-focused strategies in an applied setting with session participants. Utilizing extensive role play and real-life cases, this advanced SFBC session will help elevate your solution-focused practice. Receive constructive feedback on your use of SFBC techniques from the presenters, as well as session attendees.



### Keith Fulthorp, Ed.D., P.P.S

Keith Fulthorp has over 25 years of experience within the Recreation and School Counseling Professions, and is currently an Associate Professor at California State University, Long Beach in the Department of Recreation and Leisure Studies.

### Arond Schonberg, Ed.D., P.P.S.

Arond Schonberg has over 30 years of experience in the field of social work and education. He has been a practicing high school counselor for the past 20 years and is currently an adjunct professor at California State University, Long Beach.



This workshop has been approved for **6 NBCC hours (6 hours of professional development)**.

See *NBCC Hours Application Form* on ASCA States Conference App or ALSCA website for more information.



*The Alabama Counseling Association "ACEP #2001" is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.*