ALABAMA SCHOOL COUNSELOR ASSOCIATION

alsca virtual learning series (vls25)
01.31.2025

Trauma-Informed & Neurodiversity Supports Within MTSS Framework

School personnel encounter neurodiverse students as well as students who come from trauma every day. This workshop includes an overview of the amazing brain, including a focus on how to address both trauma and neurodiversity in the classroom. Participants will leave with healing-centered strategies to create safe spaces where all students can learn. Participants will also learn regulation, relationship, and learning strategies to support students and staff across all tiers.

This workshop is designed to help participants:

1. **Examine neuroscience and the brain.**
2. **Understand trauma and the impact of trauma on the brain and emotional states.**
3. **Compare and contrast Tier 1 strategies to support students and staff experiencing trauma and to engage all types of learners.**
4. **Examine Tier 2 and Tier 3 materials and strategies to address different regulation states.**
5. **Develop an action plan within each tier.**

AGENDA

7:45-8 - Login & Welcome

8-10 - Session 1 (2 CE Hours)

10-10:10 - Break

10:10-12:10 - Session 2 (2 CE Hours)

12:10-12:45 - Lunch

12:45-2:45 - Session 3 (2 CE Hours)

Dr. Jennifer Betters-Bubon is a Professor and Department Chair in Counselor Education at the University of Wisconsin-Whitewater. She received a Ph.D. from the University of Wisconsin-Madison, an M.Ed. from Boston University, and a B.S. from the University of Wisconsin. Her work includes teaching clinical and school counseling courses and focuses on the barriers that impact K-12 student success, including the impact of trauma. In addition, she is passionate about examining the role school counselors have within multi-tier models of support (MTSS) and working with public schools to help student services teams align their work within a trauma informed MTSS framework. Prior to her role in academia, Dr. Betters-Bubon spent 11 years working as a school counselor and one year as a special education teacher. She is co-editor of *The School Counselor's Guide to Multi-Tiered Systems of Support* (2nd edition, Routledge, 2023) and *Making MTSS Work* (ASCA, 2020) and has published in numerous peer-reviewed journals. Dr. Betters-Bubon is a licensed professional counselor and school counselor in Wisconsin.

This workshop is approved for 6 CE Hours.

Alabama School Counselor Association (ALSCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2093. Programs that do not qualify for NBCC credit are clearly identified. Alabama School Counselor Association (ALSCA) is solely responsible for all aspects of the programs.

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